# THE FORESTERS

BRASSERIE • LOUNGE BAR • RESTAURAN

2 Course £10.95 3 Course £15.95

To Start

Soup of the day with Foresters homemade bread & Welsh butter (v)

Chicken liver parfait with chutney and focaccia

Freshwater whitebait with tartar relish

Bread & olives (v)

Pickled beetroot, per las & walnut salad(v)

Main Courses

Beer battered fresh cod, house chips and homemade tartar sauce

Locally sourced sausage & mash, red wine jus (A veggie option of this dish is available)

Gammon, egg & house chips

Pappardelle, Goats Cheese & walnuts

10 oz sirloin steak (Individual Price)

10 oz sirloin steak (Individual Price)

8 oz foresters burger, homemade preserve, house chips (A veggie option of this dish is available)

Sandwich Selection made with Foresters famous fresh bread

Minute steak sandwich with house chutney, dressed leaves with house chips

Foresters Cubanos - Cuban style mojo pork and welsh cheese with house chips

Piri marinated chicken breast, dressed leaves and house chips

Roasted red pepper, goats cheese and tomato, with dressed leaves and house chips

Desserts

Selection of homemade artisan desserts

Please advise us of any special dietary requirements or food allergies on arriva(v) Vegetarian, (gf) gluten, (d) dairy, (n) nuts, (p) peanuts, (e) eggs, (f) fish, (cr) crustaceans, (m) Molluscs, (s) soya, (c) celery, (mu) mustard, (se) sesame seeds, (sd) sulpha dioxide, (l) lupin.

# THE FORESTERS

BRASSERIE • LOUNGE BAR • RESTAURANT

## Weekday A La Carte

2 COURSES FOR £16.95

### To Start

 $Soup \ of the \ Day \ _{(v)(gf^s)}$  Fresh bread & salted butter

Chicken liver parfait (gf\*) House chutney & home-made bread

Ham hock Pistachio & pickled veg

 Bread & olives (v)

Homemade breads, marinated olives, balsamic and olive oil

Duo of mackerel

Moules mariniere House focaccia

### Main Courses

Duo of Pork

Tenderloin & belly pork, winter vegetables & cider jus

Baked Lemon Sole

Garlie & lemon butter & buttered ratte potatoes

Locally sourced sausages (A veggie option of this dish is available) Mashed potato & red wine jus

Beer battered market fish Tartar sauce & house chips

Cornfed chicken breast (gf) Gnocchi, sauerkraut & mustard sauce  $Rib\ eye\ steak\ ({\it gf})\ (\pounds 5\, {\it supplement})$ 

10 oz. Řib eye steak, confit plum tomato & portobello mushroom

Sirloin steak (gf) (£5 supplement)

10 oz. Sirloin steak, confit tomato & portobello mushroom

 $For ester's \ burger \ ({\bf gf}^*) \ ({\bf Aveggie} \ {\bf option} \ {\bf of} \ {\bf this} \ {\bf dish} \ {\bf is} \ {\bf available})$ 

House preserve & chips

Salt baked beetroot

Pumpkin, goats cheese & roasted chestnuts

Pappardelle

Goats cheese & walnuts



£ 3 per ite

House Chips Homemade Garlic Bread (gf")

Roasted New potatoes Per Las Sauce

Panache of Seasonal Vegetables Pink Peppercorn Sauce

Onion Rings Red Wine Jus

House Salad

Children's Menu

Available with either chips, mash or new potatoes

Burger Fish Goujons

Chicken goujons Sausages (vegetable sausage)

Pasta Red pepper and tomato

Desserts

#### Desserts available all day

Baked vanilla cheesecake  $\pounds_{5.5^{\circ}}$  Milk panna Cotta Pistacio & chocolate oil  $\pounds_{5.5^{\circ}}$ 

Chocolate brownie  $\pounds 6.00$  Honey parfait  $\pounds 6.00$  Honey parfait  $\pounds 6.00$ 

Sticky toffee pudding Welsh cheese selection

Toffee sauce & mascerpone ice cream

£ 5.95

Selection of locally sourced welsh cheeses, celery, grapes home made chutney & crackers

£ 9.00

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 $(gf^*)$  - Changes can be made to dish to make it gluten free

# THE FORESTERS

a La Carte
FRIDAY & SATURDAY ONLY

#### PLEASE SEE THE BOARD FOR DETAILS OF THIS WEEKS TABLE DE HOTE MENU

(%)	Start
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Soup of the Day $_{(y)(\mathbf{g}\mathbf{f}^{n})}$ Fresh bread & salted butter	£ 5.50	Bread & olives (v) Homemade breads, marinated olives, balsamic and olive oil	£ 4.95
Chicken liver parfait (gP) House chutney & home-made bread	£ 6.50	Duo of mackerel Pâté/scorched	£ 5.95
Ham hock Pistachio & pickled veg	£ 5.95	Moules mariniere House focaccia	£ 5.95
Scorched endive (y)(gf) Blue cheese gel, roasted chestnuts & pickled daikon	£ 5.50		

### Main Courses

Duo of Pork Tenderloin & belly pork, winter vegetables & cider jus	£ 14.95	$Rib\ eye\ steak\ \ \ \ \ \\$ 10 oz. Rib\ eye\ steak, confit plum\ tomato\ \&\ portobello\ mushroom	£20.95
Baked Lemon Sole Garlic & lemon butter & buttered ratte potatoes	£ 15.50	Sirloin steak (gf) 10 oz. Sirloin steak, confit tomato & portobello mushroom	£ 21.95
Locally sourced sausages (A veggie option of this dish is available) Mashed potato & red wine jus	£ 11.95	$For ester's \ burger \ ({\tt gf}^{\circ}) \ ({\tt Aveggie} \ {\tt option} \ {\tt of this} \ {\tt dish} \ {\tt is} \ {\tt available})$ $House \ preserve \ \& \ chips$	£ 12.95
Beer battered market fish Tartar sauce & house chips	£ 12.95	Salt baked beetroot Pumpkin, goats cheese & roasted chestnuts	£ 10.95
Cornfed chicken breast (gf) Gnocchi, sauerkraut & mustard sauce	£ 13.95	Pappardelle Goats cheese & walnuts	£ 10.95

# Sides £3 per item

House Chips Homemade Garlie Bread (gf\*)

Roasted New potatoes Per Las Sauce

Panache of Seasonal Vegetables Pink Peppercorn Sauce

Onion Rings Red Wine Jus

House Salad

### Children's Menu

Available with either chips, mash or new potatoes

Fish Goujons Burger

Chicken goujons Sausages (vegetable sausage)

Pasta Red pepper and tomato

### Desserts

#### Desserts available all day

Baked vanilla cheesecake Blueberry compote	£ 5.50	Milk panna Cotta Pistacio & chocolate oil	£5.50
Chocolate brownie Vanilla ice cream	£.6.00	Honey parfait Macerated orange	£ 6.00
Sticky toffee pudding Toffee sauce & mascerpone ice cream	£ 5.95	Welsh cheese selection Selection of locally sourced welsh cheeses, celery, grapes home made chutney & crackers	£,9.00

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